



UNIVERSITY HEALTH NETWORK

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STRUCTURE OF CLINICAL SERVICES:

University Health Network was established in 1999 and encompasses Toronto General Hospital, Toronto Western Hospital and Princess Margaret Hospital. The Department of Psychiatry has a profile at each Hospital and delivers clinical care, research and education through the “Medical Illness and Mental Health” and “General and Special Populations in Psychiatry” Divisions.

There are three programs in the Medical Illness and Mental Health Division: Medical Psychiatry; Neuropsychiatry and Psychosocial Oncology. General and Special Populations in Psychiatry includes: General Psychiatry (Community Mental Health and Addictions, Emergency and Inpatient Psychiatry). Eating Disorders; Geriatric Psychiatry and Women’s Mental Health.

DEVELOPMENTS ACROSS PROGRAMS:

Medical Illness and Mental Health:

Medical Psychiatry: There has been a considerable expansion of psychiatric services to various medical and surgical populations, including the Pulmonary Hypertension Clinic (Dr. Adrienne Tan); Cardiology/Cardiovascular Surgery (Drs. Brian Baker and Rima Styra); Hepatology (Dr. Sanjeev Sockalingam); Diabetes (Drs. Roger McIntyre and Jay Nathanson); Multi Organ Transplant (Drs. Susan Abbey and Esther Elliott); Nephrology (Drs. Marta Novak and Jennifer Braverman) and Rehabilitation Solutions (Drs. Sagar Parikh and Jay Nathanson). A Psychosocial Unit in Bariatric Surgery will be launched in October 2009 (Drs. Sanjeev Sockalingam and Raed Hawa).

Neuropsychiatry: This program operates within Krembil Neurosciences and includes the Tourette Syndrome Neurodevelopmental Clinic (Drs. Paul Sandor and Elia Abi-Jaoude); the Epilepsy Clinic (Dr. Sherese Ali); Movement

Disorders (Dr. Mateusz Zurowski) Acquired Brain Injury (Drs. Chanth Seyone and Minella DeSouza); and the Sleep (Drs. Colin Shapiro and Henry Moller) clinics.

Psychosocial Oncology: This Program has developed several new initiatives on Quality of Life and Survivorship; General and Special Populations in Psychiatry: Eating Disorders: This Program has continued to integrate Day Hospital and Inpatient care while building research capacity. Dr. Allan Kaplan announced plans to step down as Loretta Ann Rogers Chair effective May 31, 2010. An external review and search for a successor is underway.

Geriatric Psychiatry: Dr. Peter Giacobbe has been cross appointed to this program and assumed responsibility for Neurostimulation Therapies, including electroconvulsive therapy. General Psychiatry: Renovations to “Psychiatric Emergency Services” have been completed and the unit as well as its model of care has achieved widespread acclaim. Dr. Jose Silveira has accepted the position of Psychiatrist-in-Chief, St. Joseph’s Hospital and will be stepping down from his role as Medical Director of the Portuguese Mental Health Clinic. Community Mental Health and Addiction Services at TWH provide an extensive range of language specific services and educational opportunities to increase cultural competency. Dr. Shelley Brook has announced her plans to leave Inpatient Psychiatry at UHN and Dr. Andrea Waddell will join the Inpatient Unit effective July 1, 2009. After many years as Director of Psychotherapy Training, Dr. Sam Izenberg has stepped down, and Dr. Adrienne Tan has assumed this role. Women’s Mental Health: This clinic continues to offer specialized care to specific populations of women. Dr. Sophie Grigoriadis has received CIHR funding to develop guidelines on antidepressant use during pregnancy and lactation in collaboration with a broad group of experts in women’s health and pregnancy.

ACHIEVEMENTS & AWARDS:

The Department of Psychiatry at UHN welcomed two new full professors (Professor Marion

Olmsted and Professor Sagar Parikh); one Associate Professor (Dr. Rima Styra) and four Assistant Professors (Drs. Mary Elliott, Michelle Pierce, Jianhua Shen, Mateusz Zurowski) effective July 1, 2008. Dr. Sam Ozersky was awarded the Community-Based Physician Leadership/Innovator Award in November 2008 from the Canadian Medical Association and Practice Solutions Ltd. for his work on the web based “Feeling Better Now” practice management tool. Dr. Raed Hawa received the Helen Batty Award for excellence and achievement in faculty development. Dr. Sagar Parikh received the Dave Davis Award for Continuing Education Research. Dr. Susan Abbey served as the President of the Canadian Psychiatric Association. Dr. Sidney Kennedy has become President Elect for the International Society for Affective Disorders (ISAD).

The Department continues to expand its educational commitment to undergraduate education (44 faculty delivered approximately 5,000 hours with high teaching evaluation scores) under the leadership of Dr. Raed Hawa. As Dr. Sanjeev Sockalingam assumes the Directorship of Residency Education from Dr. Shelley Brook he inherits a strong program offering a rich diversity of experiences for the postgraduate learner. Under Dr. Sophie Grigoriadis’ leadership the Fellowship Program continues to grow with 10 fellows between July 2008 and June 2009. The Department now provides funding to support a research fellow: Dr. Elia Abi-Jaoude has become the inaugural departmental fellow. Drs. Shelley Brook, Mary Elliott and Raed Hawa launched a Faculty Development initiative to provide mentoring for Clinician Educators and Clinician Teachers. Dr. Sagar Parikh is in the process of launching a similar mentoring group for Clinician Researchers. The Department also sponsored a series of accredited CME events on “Psychopharmacology for Nurses” (Dr. Sagar Parikh); “Metabolic Issues in Mental Health” (Dr. Rima Styra); “Acceptance and Commitment Therapy” (Drs. Kenneth Fung and Mateusz Zurowski) and “Career Planning for Meaningful Practice” (Dr. Gail Robinson).

RESEARCH

Between 2005-2008 faculty members published 523 papers (an increase of 20% from last year's three year window) with an average of 1.7 publications per faculty member per year. Again, the Department was benchmarked against Massachusetts General Hospital and New York Presbyterian (Columbia). Dr. Susan Rotzinger has been appointed Clinical Research Manager for the Centre for Integrative Mood Research (www.cimr.ca) which has continued to support and develop projects at the interface between medical and mood disorders. Depression in relation to immune function, metabolic studies, structural and functional neuroimaging and treatment studies in psychotic depression, deep brain stimulation for treatment resistant depression and obsessive compulsive disorder are ongoing research initiatives.

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