



ST. JOSEPH'S HEALTH CENTRE

St. Joseph's Shared Care program is a national leader in promoting collaboration between mental health professionals who provide assessments, follow-up, and telephone consultation for over 800 family physicians.

With an emphasis on general psychiatry, our clinical mission is inclusionary, delivering care across the age spectrum in a community which houses one of the highest concentrations of seriously mentally ill people in Canada. We are constantly evolving and growing to meet community needs.

ORGANIZATION

The Program provides a full continuum of specialized acute care programs and selected tertiary services. This includes the Adult Inpatient Unit which is a 35-bed unit, housing a 6-bed Psychiatric Intensive Care Unit (PICU) for patients undergoing intensive treatment in a safe, highly secure area, plus a 29-bed General Psychiatry Unit.

In 2008/09, 751 patients were discharged; 69% of admissions were involuntary. Additionally, a 6-bed Mental Health Short Stay Unit (MHSSU) provided services for 456 patients, whose average length of stay was 4 days. The Day Hospital program had 2,846 patient visits. 1,949 patient visits were offered by the Recovery

Support, a recovery based service, which engages individuals up to 6 months through individual and group-based interventions. Case Management Service provided 1,478 visits of short-term transitional support for individuals discharged from inpatient units or referred by outpatient services. The Community Mental Health Clinic provided 18,054 outpatient visits for consultation/brief therapy and post-discharge follow-up.

St. Joseph's Shared Care program is a national leader in promoting collaboration between mental health professionals who provide assessments, follow-up, and telephone consultation for over 800 family physicians. In 2008/2009 an average of 280 patients, of whom 63 were new, were seen every month for 3,361 patient visits. The Emergency Psychiatric Team (EPT) is a 24/7 service for children, adolescents, and adults who present to ER. The team assessed 2,938 patients (42% brought by police; 65% placed on a Form I and 38% admitted, indicating high acuity). 789 visits were provided by the Mobile Crisis Intervention Team, a partnership with Toronto Police,

where a police officer and a mental health nurse respond to 911 calls in west Toronto. An Urgent Care Service follows patients soon after their ER presentation and is geared toward treatment and minimizing hospitalization. The Addiction Service has 3 main components including a 26-bed Co-ed, Residential Withdrawal Management Service that provided 1,896 admissions. 421 Out Patients were managed on site in the Day Withdrawal Service or at home by the Community Withdrawal Management Service.

St Joseph's is the only hospital with an Addiction Inpatient Consultation Service and where 2,916 visits represented by 2,105 individual inpatients were provided with consultation specific to addictions. The Addiction Medicine Outpatient Service provided assessment and treatment for 2,952 patients. Finally, an Auricular Acupuncture Service provides symptomatic treatment for patients during withdrawal. The Assertive Community Treatment Team (ACTT) provided 13,533 visits for individuals with severe and persistent mental illness. Consultation Liaison Psychiatry Service provided focused psychiatric and nursing consultation to medical & surgical inpatient units. A newly established Geriatric Psychiatry Program provided 1,909 patient visits, which included both in-hospital consultation and community outreach. The Child and Adolescent Mental Health Program has 4 components: a 6-bed Schedule 1 Inpatient Unit with 112 discharges. Short-term follow-up for recently discharged children is provided by the Transitional Support Clinic that had 1,129 visits. 371 Children and adolescents were seen in the ER by a dedicated Child and Adolescent Crisis Team, which is supported up by a Child Urgent Care Service.

EDUCATION

St. Joseph's Hospital is a University of Toronto teaching site. After a successful first year with one PGY2 resident, two PGY2 General Psychiatry residents and a PGY4 Child Psychiatry Career resident will start in July 2008. Electives are available for Adult as well as Child Psychiatry Career residents.

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Starting July 2008, thirteen Family Medicine residents will each spend a month rotation in the department of Psychiatry. The Emergency Psychiatry Team continues to be highly rated by Family Medicine Residents who honored its Medical Director, Dr. David Gotlib for the third consecutive year with an Excellence in Teaching Award.

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