

# A Corridor of Psychiatric History at the University of Toronto



**An Historical Exhibit installed in  
the Department of Psychiatry**

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John Court, MA, CAPHC



**UNIVERSITY OF TORONTO  
FACULTY OF MEDICINE**

***DEPARTMENT OF PSYCHIATRY***

# Learning Objectives

1. To acquaint members of the department, the university and the community with a broad outline of the Department of Psychiatry's history, as reflected through its historical leaders and representative examples of its people, programs and institutions.
2. To convey professional biographical information and a photograph for each of the Department's heads/ chairs and endowed chair holders.
3. To encourage viewing of the permanent public display mounted in the Departmental Office hallway, and guiding visitors such as prospective new students/ faculty to see the display.
4. To encourage interest in further historical learning and research on various aspects of the Department's history.



# Outline

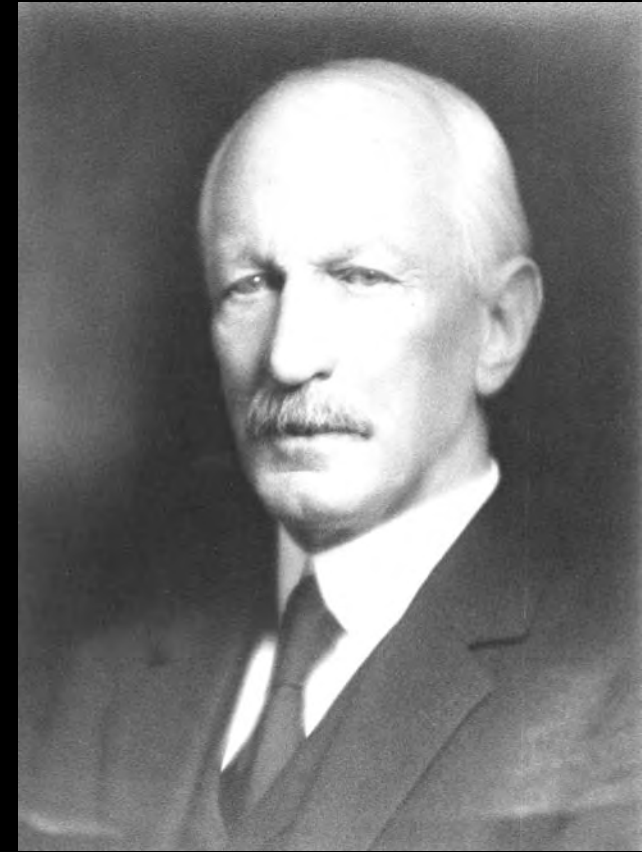
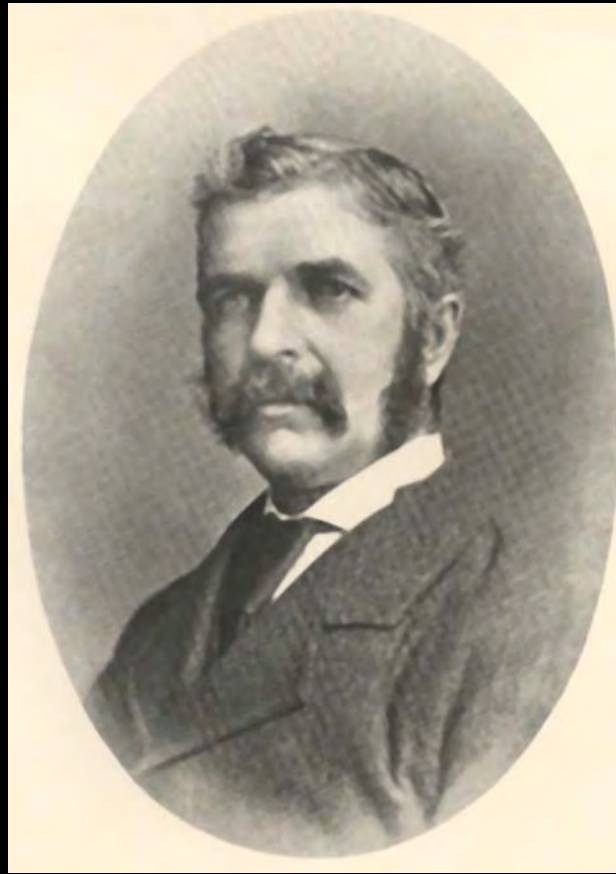
- **Setting the Stage – Forerunners in Psychiatric Teaching (1 slide)**
- **Department heads / chairs, in succession (8)**
- **Endowed chairs, past and present (22)**
- **Historic people, programs and settings (15)**

**These graphics are presently on display  
in the Departmental Office hallway**

**All photos were provided from the  
CAMH Archives unless otherwise cited**



# Setting the Stage – 19<sup>th</sup> Century Psychiatric Teaching



Before the first Professor of Psychiatry was appointed in 1908, a number of senior asylum psychiatrists holding a clinical appointment as Extramural Professor of Mental Diseases taught Toronto's medical students, notably Drs. Joseph Workman, Daniel Clark (Queen Street) and Nelson Beemer (Mimico)



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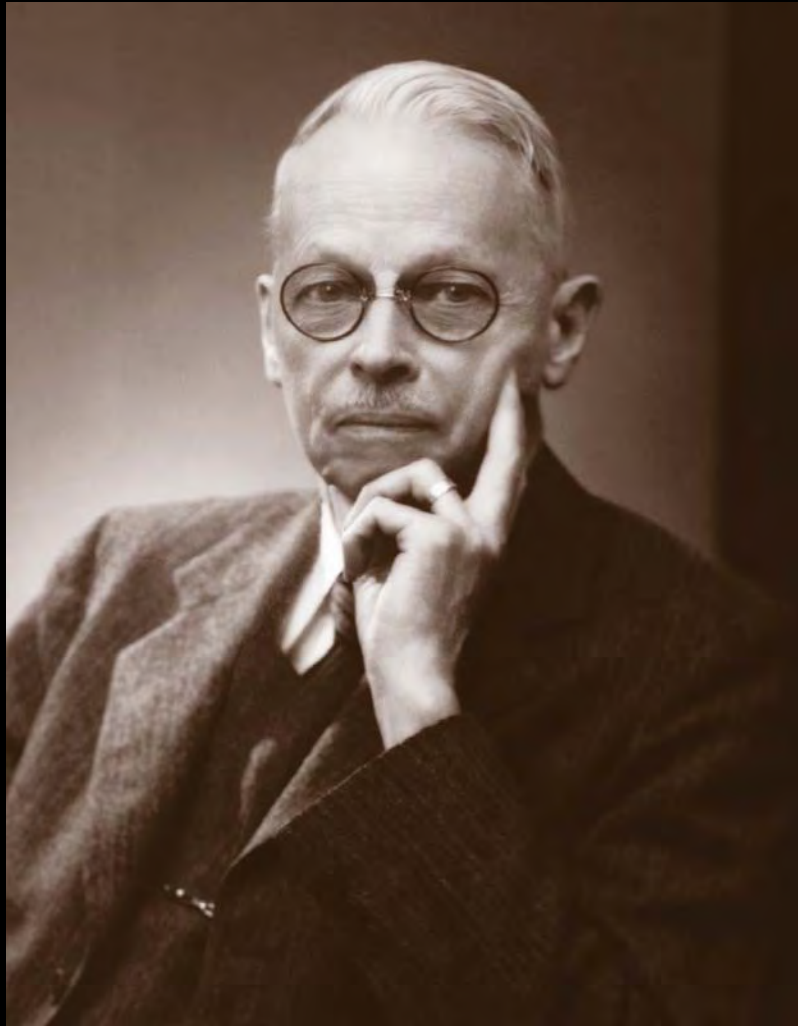
*DEPARTMENT OF PSYCHIATRY*

# Department Heads / Chairs



Professor Charles K. Clarke (1857-1924), a native of Elora, Ontario, a University of Toronto medical graduate and a protégé of Dr. Joseph Workman, became U. of T's first Professor of Psychiatry (1908-24). Dr. Clarke also served during that era as Superintendent of the Toronto Hospital for the Insane (1905-11, now CAMH's Queen Street Site), the Dean of Medicine (1908-20) and as Superintendent of Toronto General Hospital (1911-20).





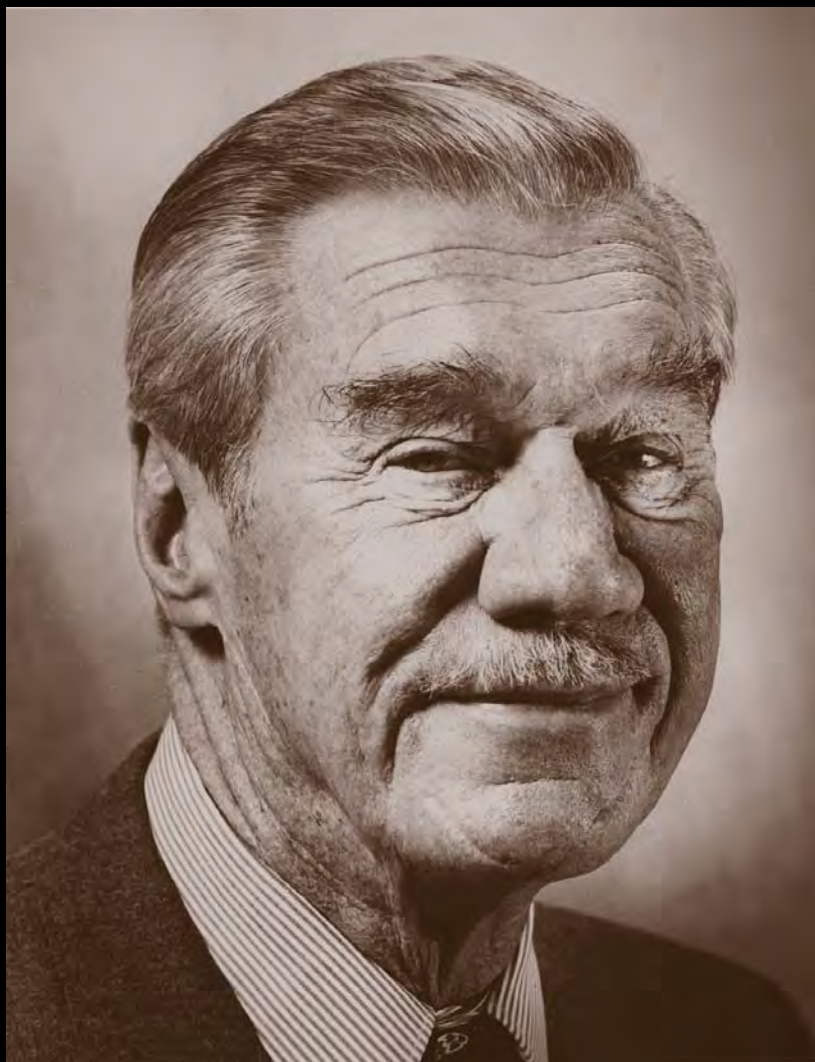
Professor Clarence B. Farrar, C.M. (1874–1970) was the 2<sup>nd</sup> Professor of Psychiatry, from 1925 until 1947. Conjointly he was the first Director of the Toronto Psychiatric Hospital (TPH) – the forerunner of the Clarke Institute. Dr. Farrar was the Editor of the *American Journal of Psychiatry* for 34 years, 1931 to 1965. In 1969 he was invested as a Member of the Order of Canada.





Professor Aldwyn B. Stokes (1906-1978) was recruited from superintending London University's Maudsley Hospital to head the department, 1947 to 1967, and to become Director of the TPH. Dr. Stokes greatly developed both organizations, campaigning for the founding of the Clarke Institute, opened in 1966 to succeed and expand upon the TPH. He was also President of the C.P.A. in 1970-71.





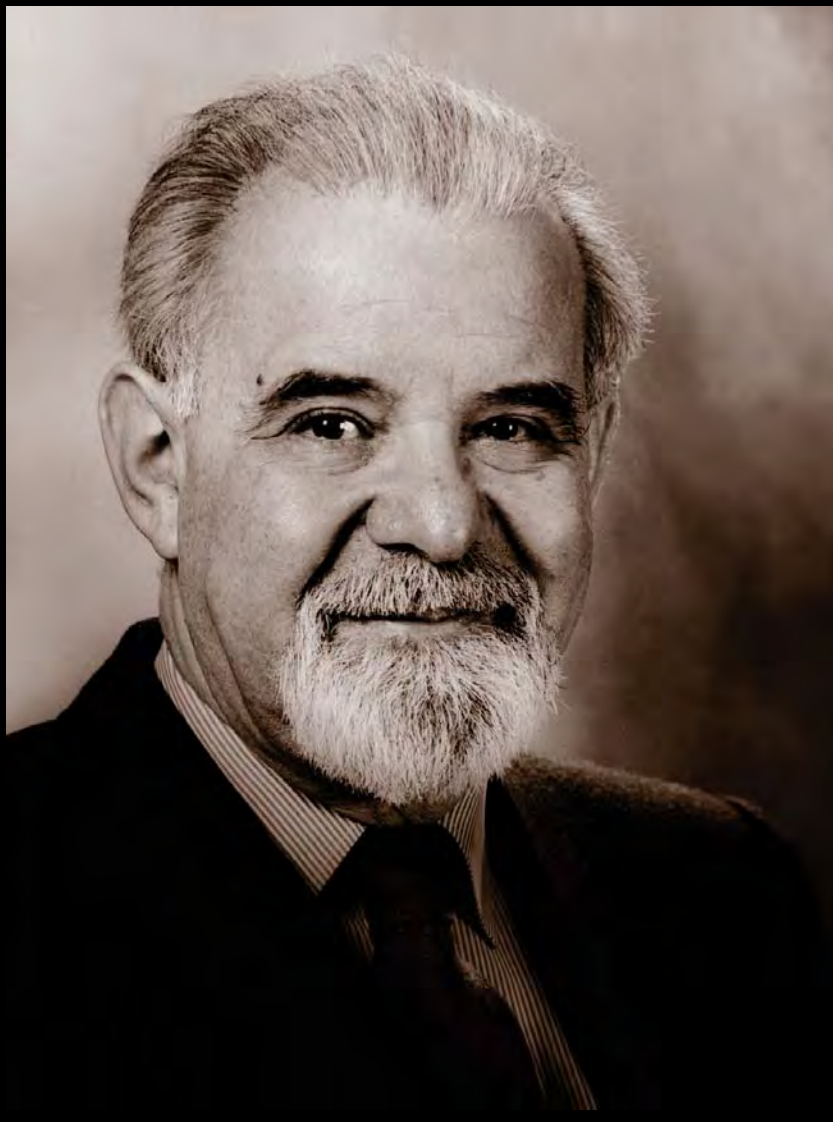
Professor Robin C.A. Hunter (1919 - 1987), a McGill alumnus, arrived in 1967 as Chairman of this department from the comparable post at Queen's University. Conjointly he was named Psychiatrist-in-Chief of the Clarke Institute, becoming Director and CEO in 1969. In 1973 he was appointed Associate Dean (Clinical) of the Medical Faculty. Dr. Hunter passed away on March 9, 1987.





Professor Frederick H. Lowy, OC (1933 – ), born in Austria and educated at McGill and Cincinnati, arrived from the University of Ottawa in 1974 as Chairman of Toronto's Department of Psychiatry and Director and Psychiatrist-in-Chief of the Clarke Institute. Dr. Lowy served in those capacities until 1980 when he became Dean of the Faculty of Medicine, later (1987) becoming the founding Director of the University's Centre for Bioethics. In 1995 Professor Lowy became Rector and Vice Chancellor of Concordia University, Montreal. He was invested as an Officer of the Order of Canada in 1999.





Professor Vivian Rakoff (1928 – ) was born and educated in South Africa (BA and MA), later receiving his medical degree from the University of London in 1957. Arriving in Canada in 1961, Dr. Rakoff rose steadily through McGill and U. of T. to his appointment in 1980 as Toronto's Chair of Psychiatry and Psychiatrist-in-Chief of the Clarke Institute, serving with distinction until 1990. Continuing today as a Professor of Psychiatry, Dr. Rakoff was honoured as the namesake of CAMH's Rakoff Centre for Positron Emission Tomography.





Professor Paul E. Garfinkel received his medical degree from the University of Manitoba in 1969, completing his residency at Toronto in 1974. Moving from the Toronto Hospitals (now UHN) as Psychiatrist-in-Chief, he served from 1990 to 2000 as Professor and Chair of Psychiatry and, until its 1998 wind-up, as President and Psychiatrist-in-Chief of the Clarke Institute. In 1998, Dr. Garfinkel succeeded to his present position as the inaugural President and CEO of the Centre for Addiction and Mental Health (CAMH).





Professor Donald A. Wasylenki received his medical degree from the University of Saskatchewan in 1971, completing his M.Sc. degree and residency at Toronto in 1977. He served during the 1980s as Director of Continuing Care at the Clarke Institute. In his present capacities Dr. Wasylenki is Psychiatrist-in-Chief of St. Michael's Hospital and, since 2000, Professor and Chair of Psychiatry for the University. He held the *Fondation* Baxter and Alma Ricard Chair in Inner City Health at St. Michaels Hospital from 1998 to 2000.

